

Event Name: The Relevance of Indian Mythology in Contemporary Life Skills

From Date: 25/11/2025

To Date: 25/11/2025

Organized by: PG & Research Department of English

Academic Year: 2025-2026

Report:

A series of insightful sessions were conducted by distinguished faculty members to enhance students' communication abilities and professional readiness.

Dr. Md. Sahul Hameed, Professor of English, delivered an engaging session on *Interview Skills*. He explained the essential techniques required to face interviews with confidence, including body language, clarity of expression, and preparation strategies.

Dr. G. Christopher, Assistant Professor, presented a session on *Effective Communication in Group Discussions*. He emphasized active listening, logical presentation of ideas, and strategies for participating constructively in group discussions.

Dr. Anil Premraj, Assistant Professor and Head of the Department, addressed the *Use of AI for Personal and Professional Development*. He highlighted the growing relevance of artificial intelligence and demonstrated how students can use AI tools to enhance learning, productivity, and career growth.

Dr. Raju delivered a thought-provoking lecture illustrating how Indian mythological narratives continue to offer valuable lessons for modern life. He explained how stories from epics and ancient literature provide insights into leadership, decision-making, emotional intelligence, ethics, and problem-solving. He emphasized that mythology is not merely a collection of old tales but a reservoir of wisdom that can guide individuals in managing personal and professional challenges today.